

Risk	Question	Answer
Crew	How does the virus spread on board a vessel?	<p>The virus can spread from an infected crewmember or another person in three ways;</p> <ol style="list-style-type: none"> <li>1. Respiratory droplets in the air, e.g. the infected person coughs or sneezes</li> <li>2. Direct contact, e.g. if the person has the virus on his/her hands and touches someone else</li> <li>3. Indirect contact, e.g. the virus has been transferred from person to objects to person.</li> </ol>
Crew	What is best practice to prevent spreading of Covid-19 amongst crew on board a vessel?	<p>Follow WHO instructions posted on their webpage. In short, crew can prevent infection from spreading by;</p> <ol style="list-style-type: none"> <li>1. Avoid coughing or sneezing on others</li> <li>2. Avoid close contact (2 meters if possible) with anyone showing symptoms of respiratory illness</li> <li>3. Try to cough or sneeze in a paper towel that is thrown away</li> <li>4. Wash your hands often and thorough with soap and hot water, especially after contact with others</li> <li>5. Disinfection is a good alternative if hand wash is not possible</li> <li>6. Implement increased frequency and quality of cleaning routines, especially on hotspots regularly touched.</li> </ol>
Crew	How can crew avoid infecting or being infected by external parties?	<p>Follow local port authority and company instructions on how to prevent spread of Covid-19 between ship to shore. Suggested preventive measures can include;</p> <ol style="list-style-type: none"> <li>1. Maintain high standard of hygiene</li> <li>2. Practice social distancing</li> <li>3. Implement increased frequency and quality of cleaning routines, especially on hotspots regularly touched</li> <li>4. Implement stricter ISPS procedures</li> <li>5. Limit ship-shore activities</li> </ol>

		<ol style="list-style-type: none"> <li>6. Shore personnel suspected to have flu like symptoms should be denied access</li> <li>7. Limit visit to a strictly needed basis, and</li> <li>8. use proper PPE.</li> <li>9. If visitors need to board vessels make sure to: <ul style="list-style-type: none"> <li>• check their temperatures</li> <li>• require the personnel to sanitize their hands on the gangway</li> <li>• to wear face masks throughout their visit onboard</li> <li>• limit their movements onboard to a minimum (restrict entry into the crew living area).</li> </ul> </li> </ol>
Crew	Who to contact when Covid-19 illness is suspected on board?	In case of suspected illness on board contact Radio Medico, company's Designated Person Ashore (DPA) and ships' agent. Port authorities must also be informed and asked for instructions. Also notify your regular claims representative at Skuld.
Crew	Should persons suspected of being infected with Covid-19 be isolated on board?	Yes, the person should be isolated in the sickbay or own cabin as soon as Covid-19 is suspected.